



PERSONALITY DEVELOPMENT TRAINING FOR HIGH SCHOOL STUDENTS EXPERIENCING THE GANG MOTOR PROBLEMS IN MEDAN

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ABSTRACT

The rise of motorcycle gang action has caused casualties and material losses. The government has tried to redress through the legal process and prevention through extension activities. Faculty of Psychology, University of Medan Area as an institution of higher education felt called to assist the government in handling this issue, through a program of community service personality development training for high school students who allegedly have links with the action alley bike in the city of Medan. This event was organized by the coaches who have experience in the field of the high school students, vocational NP, and BS Field High School. Training was given for 3 days for each school includes self knowledge, safe driving and entrepreneurship. With a total of 77 participants obtained results that safety riding training modules provide a significant effect on the change in students' attitudes toward safe driving at high school students ($t = 7.694$, $p < 0.05$). For SMA Nusa Penida obtained a significant increase in knowledge of safe driving ($t = 2.059$, $p < 0.05$) and highly significant on entrepreneurial knowledge ($t = 0.797$, $p < 0.01$), but the student has not shown any significant change in attitude related these aspects. While the high school students of BS just show increased knowledge of self knowledge training material ($t = 1.134$, $p < 0.05$) but self knowledge of the participants themselves have not shown marked improvement.

Keyword : *personality development training, motorcycle gang, adolescent*



I. INTRODUCTION

The rise of the mass media on the activity of motorcycle gang Members in Medan recently increased unrest in the community. Various activities undertaken motorcycle gang not only disrupt public order but also cause the victim (Poskota, August 22, 2011). Act of theft, robbery, assault, vandalism, and so many times going up to deal with the police (Eksposnews, 26 September 2011). This trend was pointed out as the identification of behavioral groups motorcycle gang in other cities in Indonesia, especially in Bandung (Hasan, 2004). These symptoms appear in Medan last approximately 2 years and communities feel the negative impact of this motorcycle gang activity.

Adolescents as offenders against the law and social norms is not exactly encouraging circumstances. This teen is involved in specific groups that can be considered to have similarities and aspirations. As expressed by the members of the motorcycle gang in a personal interview with the team on October 30, 2011 that their involvement because they want to get physical and psychological protection from the threat of another youth group. They also want to get pride because other groups are afraid and shy with their presence. They also feel satisfaction freely speeding on the highway and brutal action. And they feel great and feel safe because they are always together (Interview November 10, 2011). From this statement it can be seen that one of the motives of adolescents to engage in this kind of activity is a psychological need for security and the desire to be part of something that is socially considered to have the power as well as draw attention to the environment. By becoming a member of a motorcycle gang group, teenager hopes to occupy the position that counts socially and is the identity that enhances self-esteem.

Obtained from a variety of sources of information that teens involved in gang motor is a few high school students from the city of Medan in both private and state, one of which is X High School (Metro 24 hours, February 8, 2011) is also in line with police records. Some schools are located around the scene of the attack carried out several times by motorcycle gang to the citizens of the surrounding communities.

As a member of the motorcycle gang community, youth is an individual who has the task of finding the development of self-identity, have social and financial independence, prepare themselves for a job and career, and build relationships for the preparation heterosexual marital relationship. The teens were involved in a motorcycle gang generally have difficulties to be able to fulfill the developmental task caused by several factors. One contributing factor is the lack of recognition of the potential of the teens that it can not direct the efforts and activities to the development of this potential. This has led them to be easily influenced peers and engage in activities that harm themselves and others. Teens like it also having discipline problems as a result of planting habits and discipline in the home that are not optimal both in terms of personal, learning discipline, and discipline on the highway. It can be said that the function of parenting in families classified as weak so they are less able to direct their children to do activities that are useful. In addition, teens who do not have a vision for the future as they would hardly be expected to have clear targets and efforts to achieve a bright future. They do not have the insight and interest to undertake productive activities that can produce financially. As a result, they fall asleep with pleasure with his gang to commit various crimes and spent her teenage granted. It could be argued that the lack of self-knowledge, attitudes that are not disciplined in traffic, as well as the lack of entrepreneurial spirit can encourage their teens involved in motorcycle gang adverse community for her future.



Based on the background described problem can be formulated in this paper is whether the introduction of self-discipline, and the entrepreneurial spirit of high school students can be improved through personal development training program on high school students? The purpose of this paper is to illustrate the effectiveness of self-development training modules are given to high school students to increase self-knowledge, traffic discipline, and the formation of entrepreneurial spirit in trainees themselves.

LITERATURE

1. Adolescence

According to the WHO world organizations are those with adolescence 18-24-year age range, and they are already experiencing growth, from the first moment to show signs of secondary sexual until he reaches sexual maturity, psychological development and the identification of patterns from childhood to adulthood. Dependence of the transition from the full to the socio-economic state of the economy is relatively more independent (Malahayati, 2010).

When viewed from the aspect of development, physically an adolescent experiencing rapid growth and hormonal activity is active. They grow into larger, taller body, bones and muscles stronger, gaining weight, and accompanied by signs of primary and secondary sexual. In women, the menarche will happen and men's wet dream as a sign of primary sexual (Slavin, 2006). In addition there is a growing sign of secondary sexual hairs, changes in the vocal cords, and a change in body proportions.

Feeling uncomfortable with her body makes teens have less pleasant emotional atmosphere. Adolescents become easily depressed, prefer to be alone, unstable, easily influenced by the comments of the environment, easy to be pessimistic and most teenagers do not like themselves. Even in a minority of adolescents will happen emotional shock which leads him to do things that are less useful, and not in accordance with the rules to get the attention of the environment. During this period the adolescent becomes vulnerable to various delinquency and avoiding legal action (Newman & Newman, 2008).

Socially, adolescents showed a change from its attachment to the family leads to dependence on peers. Teens want to be treated the same and accepted by their peers environments that make imitation and identification of friend or idol figures. Teens mimic the dress, lifestyle, way of talking, and even adopting the values of the figure which he considered memorable for him. This makes teenagers easily imitate the actions of others around him or do things that he saw in his daily life (Rothstein, 1990). Teens are also easy to engage in certain groups have in common and can be considered aspirations.

In the aspect of morality and religiosity, adolescent idealism which is the product of the previous development where the process of internalization of the values is done by parents at home (Adhim, 2006). Teens will see the world in black and white sunglasses that found many deviations from what he had previously believed. The emergence of gaps in the surroundings make teens feel confused and angry with the existing circumstances. The attitude of rebellion, wants freedom, and antipathy toward authorities also characterize adolescents.

Similarly, on the personality dimension, a teenager experiencing growth. Adolescence is a period in which the individual must complete a development task to find her identity. Teens should be able to find his qualities, weaknesses, and future life goals (Kartikasari, 2009). The values of a strong, quality relationships with parents, dialogical communication, and attitudes that will make teens understand the state of teenagers can find her identity. Conversely teens who

do not have a clear purpose in life, embrace the values artificially, and not show respect for themselves and for their environment usually are teenagers who lack proper guidance and care of a parent or school (Chatib, 2009).

2. Motorcycle Gang

Gang is a group of individuals either close friends or family who have a clear leadership and internal organization to take control in the community involving him and his group in the violence and rule breaking behavior (Santrock, 2007). A number of gang members in the group must prove their loyalty to commit theft or violence (Wikipedia, 17 September 2014). Motorcycle Gang is a group that uses the motor as a distinguishing attribute of a group with other groups and as a means to perform group activities including committing crimes. Gang motors as reported taking actions such as violent crimes, theft, riot, to cause casualties (Merdeka.com, 11 September 2014).

3. Training

Training is a learning activity that aims to produce a change in behavior of the participants after a training needs analysis was done (Laird, 2003). Training provides benefits to participants in the form of increased knowledge, change attitudes, and skills increase as expected from the training purpose (Deb, 2006). Trainings conducted a learning activity that is carried out to provide stimulation in cognitive, affective, and psychomotor to participants through the application of various methods that are planned and implemented on the basis of the training needs analysis (Wills, 1993). This training focuses particularly on fostering the spirit to fill adolescence to do something positive and increasing motivation to demonstrate both academic achievement and entrepreneurship (Chico, 1984). The material includes the introduction of self-training, and safety riding training and entrepreneurial compiled by researchers.

4. Adolescent's Personal Development Training

Adolescent self-development training is designed in three modules that can be given separately for 3 days covering material self recognition, traffic discipline, and entrepreneurship. Each module was developed to follow the characteristics of young people who can think critically and analytically, that touches the emotions of participants by involving the moral and social aspects, the opportunity to do physical activity to practice and perform tasks. Training methods using lectures, discussions, presentations, assignments, audiovisual, short drama, and games. Training modules adapted to the comprehension, insight knowledge, self-concept, and motivation of each participant were obtained before the implementation of the training data.

5. Problem Solving Framework





II. METHOD DEDICATED

This community service activities carried out by the method of training pretest and posttest. The training lasted for 3 days with material related to personality development, safe driving and developing the entrepreneurial spirit given by experienced trainers. Training participants are 3 high school in Medan that indicated the motorcycle gang involved with SHS, BS and NP which are located adjacent to the motorcycle gang activity. Each planned to bring 30 high school students who have a record in the guidance counseling but in practice the number is not met. The results of these activities will also be published in national journals and enrich the teaching materials in the teaching and learning process at the University of Medan Area.

III. RESULTS AND DISCUSSION

The results of the service activities conducted on 3 high school in Medan is as follows:

Reaction Against Participant Training

Community service activities is carried out in the region consisting of the city of Medan Medan District Petisah (SMA), District Field Tembung (SMA BS), and the District of Medan Sunggal (SMK NP). Attitude scale pretest data retrieval is done 3 weeks before training while data posttest attitude scale were taken immediately after the training is completed. Training activities conducted on the 14th of April to 16 April 2014 in Campus 2 UMA to SMAN Medan, 21 to 23 April 2014 at the High School Campus 1 UMA for BS, and dated 24 to 26 April 2014 in Campus 2 UMA for vocational NP. Implementation of training adapted to a formal learning activities do not interfere with the students at each school so that the school provide time during and after the UN (Ujian Nasional).

Trainees who previously planned total of 90 people with each high school were 30, the implementation is not so. For SMAN totaled 13 participants who came from class X and XI, SMA BS consisting 24 from class XI, and SMK NP of 40 people who came from classes IX and X. The training is carried out to high school students attended by 30% participants in the initial data collection. In general, the participants quickly capture the information provided, have high initiative, and able to motivate themselves and compete. They are pretty confident and able to express their thoughts and feelings to others. They are also quite disciplined and have a great responsibility to the task.

Training is carried out to high school students BS attended by most of the participants who planned only 6 students were absent due to illness and no family event. However, participants who attended the seriousness and high spirits in following each training session. They look relaxed and can enjoy the training course but also tries to show active participation in class.

Training is carried out to the students of SMK NP was attended by 40 students, which means exceeding of the original plan. However, there are 30% of students who only attend 1 or 2 day training course because they do not attend school or they do not go into the training room. To replace students who are absent, the teacher asked the other students to Require training. From the overall impression is captured, the majority of participants showed high motivation to attend every training session and can enjoy ongoing process. If the observed characteristics of



the participants in general, there are quite a lot of participants who have self-confidence is very low and less able to communicate effectively. They also showed that the low concentration range and lack of responsibility for the task. They have a desire to be noticed, but less supported feelings capable and valuable.

Training Effectiveness Against Students of SMAN

At the high school students there is a change That can be seen through observation and interviews covering their knowledge of the opportunities and productive business planning, a better understanding of traffic rules and safety riding and understand the importance and how to improve self-knowledge. They also moved to begin to open up and ask for feedback from others and determined to be more concerned with traffic safety. Their commitment is to explore its potential and focus on the advantages that belongs. They also will comply with applicable traffic regulations. Only, from the statistical tests conducted on the pretest-posttest scores matter of self-knowledge, safety riding, and entrepreneurship, showed no significant difference in participants' knowledge. This can be explained because of less optimal exercise self introduction and safety riding due to lack of skilled facilitators who assist co. While the material is less visible kewairausahaan provide insight into the changes since the participants have studied the material in school. Seen significant changes occurred in the attitude of the participants become more positive towards safe driving ($t = 7.694, p < 0.05$).

For more details, please see the result of the calculation of the t test between pretest and posttest scores on the following high school students:

Table 1. T test result against SMAN

Material	T	p
Self Knowledge Scale	7,312	$p > 0,05$
Traffic Discipline Scale	7,649	$P < 0,05$
Enterpreuner interest scale	1,083	$p > 0,05$
Who Am I Module	5,756	$p > 0,05$
Safety Riding Module	6,083	$P < 0,01$

Effectiveness Training High School Students Against BS

BS look at high school students increase their knowledge about the rules that must be obeyed in traffic, the importance of opening up and asking for feedback, as well as the steps in the business plan. They realize the importance of maintaining traffic safety and feel that it is important to be able to recognize themselves excel. They also have the urge to choose entrepreneurship activities. The participants pledged to be more open and improve social relationships to living a more accomplished. They promised to obey traffic rules and also will try to entrepreneurship because most of them are not able to continue their education into college. Of statistical tests were performed only material that results in an increase in self-introduction meaningful insight to the participants ($t = 1.134 p < 0.05$). This is understandable given that aspect of personality is that rarely get the attention of participants and of the environment in which they are located so that the material is quite striking in the liver although participants can not build self-introduction of participants significantly. While other materials that do not provide both knowledge and attitude change because they have not understood earlier and provide additional training knowledge, motivation, and skills means.



For more details, please see the result of the calculation of the t test between pretest and posttest scores on the BS high school students the following:

Table 2. T test Result Against BS

Material	T	p
Self knowledge scale	0,812	p>0,05
Traffic discipline scale	2,007	P>0,05
Enterpreuner interest scale	0,554	p>0,05
Who Am I module	1,134	P<0,05
Safety Riding module	2,839	P>0,05
Ernterpreunership module	0,932	p>0,05

Vocational Training Students Against Efektivitas NP

On the NP looks pretty big changes especially in the aspect of personality development. They were previously cynical, dismissive, and bored with the teaching and learning process in the classroom began to show a more positive attitude. They learn about the importance of responsibility and try to do a given task. They understand and can feel that condescension comes from feeling insecure and afraid of criticism that such an attitude would try to change them from within. They are aware of the lack of trust in the environment makes them reluctant to participate and run away from the task. They learn to express feelings and thoughts in a way that is understandable and have seen their efforts to respect others and follow the rules. They began to try to explore the potential of what they have because it turns every human being has the advantages of each. Statistical tests conducted showed that the material safety riding ($t = 2.059$, $p < 0.05$) and entrepreneurship ($t = 0.797$, $p < 0.01$) give insight expansion of knowledge of the participants. This is understandable considering the material they get in school yet. While the introduction of the material itself has not shown a change in the participants an insight into the process due to lack of effective training provided. In general, measurement of self-knowledge, attitudes towards traffic discipline, and entrepreneurial spirit can not be formed considering the weaknesses in the training process as mentioned.

For more details, please see the result of the calculation of the t test between pretest and posttest scores on NP students following:

Table 3. T test result against NP

Material	T	p
Self knowledge scale	14,942	p>0,05
Traffic discipline scale	9,855	P>0,05
Enterpreuner interest scale	1,157	p>0,05
Who Am I module	10,401	P>0,05
Safety Riding module	2,059	P<0,05
Enterpreunership module	0,797	P<0,01

Training Evaluation Process

Ongoing training process assessed by the participants in general quite smoothly with committee service, food, adequate time and facilities as needed. Speakers who provide material



also considered quite feasible and may provide a useful thing. At BS students, enthusiasm and sincerity participants receive materials in the training process becomes meaningful to them. At NP students, there are obstacles and difficulties in expressing themselves the courage to make a presentation so that enough time delay. Entrepreneurship in the session, participants were enthusiastic listening though still takes time to understand that while working on a business project, only a small portion involved. In safety riding sessions, lecture sessions look quite in accordance with the wishes of participants and followed by a presentation case. But when the psychodrama session, look there are still obstacles to confidence so that participants can play less imbued his players.

Of all the training sessions, it can be noted that the role of the facilitator is not yet maximal co particularly in the self-introduction session that requires intensive group discussion. In the focus group sessions, extracting information is not maximized so that less fishing discussion and disclosure of deeper problems. Co facilitator looks deadlock facing the passive group and negativis so facilitators should assist these groups. This limitation which may lead to lack of clarity on the changes in the trainees so that the process of self-knowledge is not running optimally.

VI. CONCLUSION

Conclusion

Of the community service activities that have been conducted on SMAN, BS, and NP students it can be concluded as follows:

1. The participants showed a fairly positive response, enthusiastic and earnest in following the training session. They participate actively in all activities conducted and showed a desire to learn new things. Only, the NP students showed a lack of confidence and negative attitudes on the environment makes training more focused on efforts to change the negative attitudes that they have.
2. Significant changes occur in a more positive attitude towards traffic discipline on SMAN students ($t = 7.694$, $p < 0.05$), increased insight regarding self-knowledge material on BS students ($t = 1.134$ $p < 0.05$), and increased insight regarding safety riding ($t = 2.059$, $p < 0.05$) and entrepreneurship material in NP students ($t = 0.797$ $p < 0.01$).
3. The process of ongoing training as required is considered quite good in service, learning tools, food, time, and resource persons. Participants were given the material useful and provide suggestions for improvement.

Advice

Of community service activities which have been carried out, it can be suggested the following things:

1. Given the importance of the benefits derived from these activities, it is suggested that personality development training modules for these teens corrected and validated to be given to other high schools in the city of Medan.



2. intensive training to the co facilitators are also very important for the discussion suggested that the process can support the participants' understanding of the material and training can achieve the expected goals.
3. Measurement of attitude after training should be done after 1 to 3 months to get a more convincing effect change on the participants themselves.

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